11th February 2015

Dear Parents,

Canterbury Primary School Running Club

Your child has expressed interest in joining Canterbury Primary School Running Club. This is an internal optional program offered to students in Year 3 – 6 at no cost. Running Club aims to motivate children to be aware of the importance of keeping active in a fun, encouraging environment, while inspiring them to achieve their own personal goals and feeling of accomplishment.

Running Club will be held on a Thursday mornings, from 8am – 8:40am, commencing on Thursday 19th February. We will meet on ANZAC Green at 8am. Students will need to arrive promptly to have adequate time to warm up and stretch. Your child’s expression of interest does not require them to attend every session, they may choose the sessions they wish to attend.

On certain occasions, training will venture outside school grounds, and this is covered by student consent form sent home at the start of the year.

Should there be a wet weather morning; running club will not go ahead this year.

Students will need to bring:

- Water bottle
- Fruit or a snack to have after training
- Appropriate running shoes and clothes
- Lots of enthusiasm and energy!

We look forward to working with your child and helping them in achieving their goals.

Kind Regards,

Jennifer Owens
Year 5 Teacher